



# PROGRAM RESOURCES

[www.mmiaEB.net](http://www.mmiaEB.net) | 1-800-635-3089 + option 4

The MMIA Employee Benefits Program is not an insurance company. We are a self-funded benefit pool made up of the municipal employees of 85 Montana cities and towns. At MMIA, we work to provide quality health and wellbeing resources to participants.

With these services, you have access to high-quality care to improve and maintain your health and save your hard-earned money. MMIA offers these services at low- or no- cost to you because they also help control costs for the whole pool which helps keep your rates stable.

## WE STRIVE TO PROVIDE SERVICES THAT ARE:

- **Convenient** – Medical care, case management, prescriptions, information, and more are only a click or a call away!
- **Confidential** – All of our vendors adhere to the strictest HIPAA regulations. Your information will never be shared with your employer.
- **Low-cost to no-cost** – These resources help you save valuable money and time.

## Medical

### Medical Claims and Billing



[www.AskAllegiance.com](http://www.AskAllegiance.com)  
1-866-339-4308

### Low- to No-Cost Primary Care

The Montana Health Centers are now managed by Premise Health.



Operated by  
Premise Health.

[www.MyPremiseHealth.com](http://www.MyPremiseHealth.com)  
1-855-200-6822

### No-Cost Telemedicine



[www.Teladoc.com](http://www.Teladoc.com)  
1-800-835-2362

### Case Management



[www.AskAllegiance.com](http://www.AskAllegiance.com)  
1-866-339-4308

### Disease & Maternity Management



[www.TakeControlMT.com](http://www.TakeControlMT.com)  
1-800-746-2970

### Employee Assistance Program



Reliant Behavioral Health

now an



POPULATION  
HEALTH  
SOLUTIONS

company.

[www.MyRBH.com](http://www.MyRBH.com)  
1-866-750-1327  
(Access code: MMIA)

### Wellness Program



[www.mmiaEB.net/wellness](http://www.mmiaEB.net/wellness)  
1-800-635-3089 &  
select option 4



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## Prescription

### Pharmacy Claims and Questions



[www.ProactRX.com](http://www.ProactRX.com)  
1-877-635-9545

### Mail Order Pharmacies



[www.RidgewayRX.com](http://www.RidgewayRX.com)  
1-800-630-3214

### Free Diabetic Testing Supplies



Contour meter and supplies when you enroll through ProAct Pharmacy Services.  
<http://bit.ly/DiabetesMgmtEnrollment>



[www.ProactPharmacyServices.com](http://www.ProactPharmacyServices.com)  
1-866-287-9885

### Specialty Medication Pharmacy



[www.NobleHealthServices.com](http://www.NobleHealthServices.com)  
1-888-843-2040

### No-Copay International Mail Order Prescription Program



[www.MMIAScripts.com](http://www.MMIAScripts.com)  
1-866-488-7874

Not all member cities/towns offer dental and/or vision coverage. To see if you have these benefits, contact your city/town representative or visit [www.mmiaEB.net/](http://www.mmiaEB.net/) and click on the button that says "What does my city/town offer?"

## Dental

### Dental Claims and Billing



[www.DeltaDentalins.com](http://www.DeltaDentalins.com)  
1-800-521-2651

## Vision

### Vision Claims and Billing



[www.VSP.com](http://www.VSP.com)  
1-800-877-7195