

2024 MMIA EMPLOYEE BENEFITS

WELLNESS

TAKE YOUR HEALTH TO THE NEXT LEVEL.

EARN UP TO \$200



HEALTH SCREENING

Get your Health Screening at an It Starts With Me event or at a Montana Health Center
July 1 - September 30



HEALTH SCREENING REVIEW CALL

Schedule online and complete a review call with a Take Control health coach
Complete by November 1



EDUCATIONAL VIDEO AND QUIZ

Watch the short educational video and take the quiz online
Complete by September 30



BONUS ROUND 80% EMPLOYEE PARTICIPATION

If 80% of eligible employees in your city or town get a Health Screening,
everyone screened earns another \$50



GAME ON

Learn more at www.mmiaeb.net/wellness



Wellness incentives will be distributed to cities and towns by the end of the year. You must be enrolled in an MMIA medical plan at the time of prepaid gift card distribution in order to earn an incentive.

You do not need to report your incentive activities. MMIA will track your incentives and send physical Prepaid VISA cards to your city/town at the end of the year. Please note that your prepaid VISA card has an expiration date, and once that date has passed, funds cannot be retrieved. Please refer to our wellness page and read the "Prepaid Card Activation & FAQs."

The Montana Municipal Interlocal Authority reserves the right to alter the Wellness Program at any time.

This program is developed in compliance with the EEOC wellness rules and does not violate anti-discrimination laws as laid down by the Americans with Disabilities Act and Genetic Information Nondiscrimination Act. Participation in this program is voluntary. MMIA maintains the privacy and security of your personally identifiable health information. For more information, view our EEOC Notice at www.mmiaEB.net/wellness.